

Receive a  
blood pressure  
monitor at no  
cost to you!

# Looking for an easy way to make sure your heart is healthy?



Sign up for Hello Heart for at no cost at [join.helloheart.com/PEBA2](https://join.helloheart.com/PEBA2) or text **PEBA2** to **75706**.\*



-  Blood pressure, cholesterol, activity tracking and more.
  -  Auto-imported **lab results** with easy-to-understand explanations.
  -  Medication **tracking and reminders**.
  -  Access to easy-to-apply **personalized tips** for maintaining a healthy heart.
- Instant, **clear explanations** of what your numbers mean, including cholesterol levels.
- FDA-cleared Bluetooth blood pressure monitor** that easily connects to your phone at no cost to you.

State Health Plan primary members (ages 18 and older) who have blood pressure readings of 130/80 mmHg or above or who take blood pressure medication are eligible to enroll.

\*Message & data rates may apply.

Hello Heart is not a substitute for medical care. Talk to your doctor to make sure you are diagnosed and treated properly.