GERIATRICS Care and Education

Donna D. Ray, MD Clinical Assistant Professor of Geriatrics Director, Faculty Development OCPDSA



"Commonwealth Fund Scorecard on State Health System Performance, 2019"

South Carolina (overall ranking 41/51)
(HC Disparities rank 47/51)

Our Bottom Ranked Indicators:

- Adults who are obese
- Elderly patients who received a high risk prescription drug*
- Children who did not receive needed mental health care

^{*}On this indicator we were ranked 47th of all states

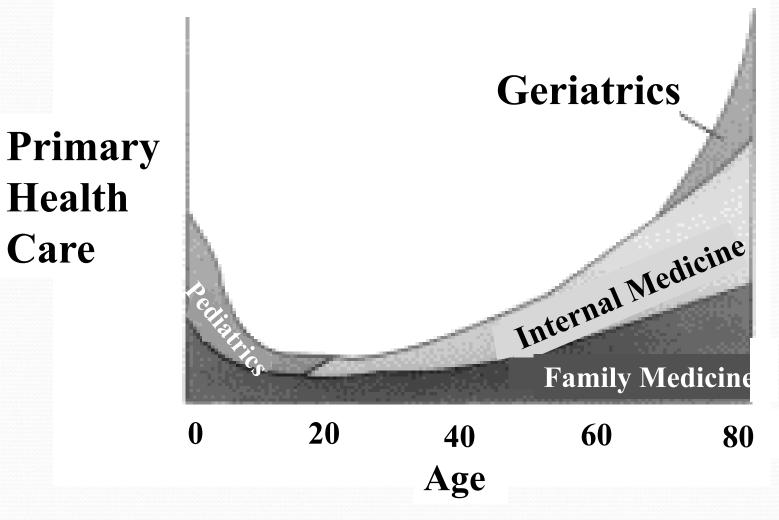
The Opportunity

- Persons over 65 are 13% of the population & account for 40% of visits to internists
- Currently there are about 7,000 geriatricians, or one per 5000 persons age 65+ in America

Who will care for the elderly?

Health

Care



Hazzard et al., American Journal of Medicine. 110(6):507-513, April 15, 2001

Prevalence & Cost of Chronic Disease

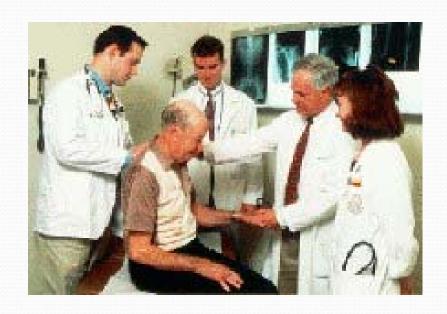
Acute Illness: Signs and symptoms are of short duration, usually severe, and impair the normal functioning of the patient

<u>Chronic Illness:</u> Persists, usually > 3 months, affects physical, emotional, intellectual or social functioning of patient

- Average person over 65 has 1.5 recognizable chronic diseases.
- Almost half of the U.S. population is affected.
- Persons with chronic illnesses account for 75% of the health care costs in the United States.

So, we teach...

- Gerocentric care recognizing that this population is unique
- Functional assessment addressing the impacts of health issues
- Team-based & Interprofessional education and care – health professions at UofSC



So, we teach... Gero-centric Care

What:

- Geriatric Syndromes
 - Falls
 - 3 D's Delirium, Depression, Dementia
 - Incontinence
- Comprehensive Geriatric Assessment
- Critical Conversations
- Basic Sciences elders

To whom:

- Medical students
 - Senior Mentor Program
 - Medication Review with Pharmacy Students
 - Vertical Curriculum
- PA Students
- Interprofessional Health Science Students
- Primary Care Residents

We teach... Functional Assessment

Comprehensive Geriatric Assessment

History & Physical "+"

- + Cognitive screening
- + Depression/Anxiety
- + Medication Review
- + Mobility/Balance
- + Social Supports
- + Self-rating of Health

... the "so what" of medicine, the meaning for that person.

We teach... Interprofessional Care

- Through PACER Professionals Accelerating Clinical and Educational Redesign https://pcpacer.org/
- Elective in Geriatrics for Medical Students & Residents
 - PACE site Palmetto Senior Care
 - Geriatric Practice Senior Primary Care
 - HBPC Home based primary care at the WJBD Dorn VAMC
- IHI Open School Chapter and UofSC (student led)
- IPE Interprofessional Education in the Health Sciences Committee and Courses
 - Includes HRSA funded HIV-IPE elective 5x/year
 - Annually "Transforming Health" introductory course
 - Others

We teach... Team-based Care

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